

· HOW TO BEGIN ·

Pellet therapy begins with a call to us. We will send you for a simple blood test. When your lab results are in, you will have a consultation with Dr. Bloy, at which he will analyze your current hormone levels & evaluate your symptoms. If pellet therapy is prescribed, you can receive your pellet insertion in minutes! You'll be sent for a follow-up blood test to reevaluate your hormone levels at one month after your insertion.

· COST ·

Typically, pellet insertion is required for men every 4-6 months and for women every 3-4 months, in order to maintain optimum hormone levels and alleviate symptoms of deficiency. Insertion costs are \$630 for men and \$375 for women, or about \$100 per month. Adjustments can then be made to your dosage.

Lab charges for the initial and follow-up blood tests are not included. Lab fees are paid to the lab you use and are usually covered by insurance. The cost of pellet therapy, however, is typically not covered by insurance companies. Still, pellet therapy is the most efficient and cost-effective way to restore youthful hormone levels and physiological function in men and women.

Call Today for a Consultation!
239.333.3345

· OUR COMMITMENT ·

At Contemporary Health Center, Dr. Bloy and our staff are committed to providing relief for men and women of all ages suffering from symptoms of hormone deficiency.

With over 50 years of research, testing and use, we are confident and passionate about the safety and benefits of bioidentical hormone replacement pellet therapy. In fact, many of our staff and their families receive pellet therapy and enjoy the benefits. We know firsthand why pellets are the superior method of hormone replacement.

\$50 Off First Time Pellet Therapy

*Call to schedule
your consultation today!*



CONTEMPORARY
· HEALTH CENTER ·

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Bioidentical Hormone Replacement

PELLET THERAPY



CONTEMPORARY
· HEALTH CENTER ·



RELIEVE · RESTORE · REVITALIZE

At Contemporary Health Center, we are committed to providing relief for men and women suffering from symptoms of hormone deficiency. Through the use of our **Bioidentical Hormone Replacement Pellet Therapy**, we are able to enhance vitality, restore more youthful functioning, and improve quality of life in our patients.

A common misconception regarding hormones is that Testosterone is an exclusively-male hormone, while estrogen is only found in females. This is untrue. Testosterone, for instance, is vital to the health and well-being of both men *AND* women. Testosterone contributes to muscle mass, strength and endurance, decreased fat, increased exercise tolerance, enhancement of the sense of well-being, and psychological health. Testosterone also protects against cardiovascular disease and reduces cholesterol.

Likewise, Estrogen is a group of hormones produced in both men *AND* women. It's vitally important that any prescribed Estrogen product be a bioidentical estrogen. This hormone group protects against vaginal atrophy, urinary incontinence, and alleviates symptoms of menopause like hot flashes and night sweats. Estrogen is even believed to protect against heart disease, stroke, osteoporosis, Alzheimer's disease and memory disorders.

Of all the hormone replacement treatments available, **Pellet Therapy** is by far the superior method. Pellets are comprised of molecularly-identical hormones derived from vegetable products, and are painlessly inserted in minutes into fatty tissue on the hip. Then, the pellets release hormones directly into the bloodstream, avoiding the liver and the first-pass effect. Because they are time-released, pellets provide continuous availability of the hormones.

Since these hormones are a perfect molecular match to your body's own hormones, **Pellet Therapy** provides relief from symptoms conveniently, reliably, and quickly. While dosage will vary from person to person based upon your individual symptoms and hormone levels, pellets need to be inserted every 5-6 months for men and every 3-4 months for women. If you are experiencing any symptoms, Ask about a consultation today!

· DECLINING HORMONES ·

As we age, important hormone levels drop. By age 35, or earlier, both men and women may begin to experience the effects of declining hormone levels, and may have some or all of the symptoms listed below:

- F O R M E N -

Decreased Energy, Motivation, & Work Performance ·
Muscle Loss & Strength Decline · Aching Joints · Decreased Libido · Difficulty Achieving Orgasm · Erectile Dysfunction ·
Depression · Difficulty Remembering Things · Fat Gain ·
Height Loss Due to Waning Bone Density

- F O R W O M E N -

Fatigue · Loss of Energy · Depression · Anxiety · Mood Swings · Difficulty Sleeping · Loss of Memory · Mental Fog ·
New Headaches · Hot Flashes · Night Sweats · Aching Joints ·
Bladder Problems · Dry Skin · Vaginal Dryness ·
Low Libido · Loss of Interest in Sex

· RESULTS ·

After receiving our Pellet Therapy, many of our patients are experiencing:

- Better Sleep ·
- Clearer Thinking ·
- More Energy in General ·
- Increase in Libido ·
- Weight-Loss ·
- Reduced Hot Flashes in Women ·

